

The logo for Pure Skin, featuring the words "PURE" and "SKIN" stacked vertically in a serif font, enclosed within a white square border, which is itself centered within a larger grey square.

RADIOFREQUENCY HYDROFACIAL BEFORE & AFTERCARE

A hydrofacial is a powerful, non-invasive skin resurfacing treatment. It combines cleansing, exfoliation, extraction, hydration and antioxidant protection that removes dead skin cells and impurities, while simultaneously infusing moisturizing serums into the skin.

Radiofrequency Therapy (RF) is a non-invasive aesthetic procedure that uses a high-frequency alternating current to heat tissue in the dermis of the skin in a controlled and selective way to increase collagen, which consequently decreases skin laxity and photoaging. This thermal effect is so efficacious because it causes changes in collagen structure and also triggers neocollagenesis, or the production of new collagen fibers.

BEFORECARE

- Six Months Before- Stop using any Isotretinoin products, like Accutane, before treatment unless you've been given clearance by a clinician.
- Two Weeks Before- Refrain from chemical peels, Botox or other cosmetic injectables, as well as dermal fillers. Discontinue use of any sun-sensitive antibiotics.
- 72 Hours Before- Avoid any excessive sun exposure and do not use any tanning beds for at least.
- 72 Hours Before- If you are prone to cold sores, please consult your physician. A course of antiviral prophylactic treatment may be recommended.
- 48 Hours Before- Discontinue the use of generic tretinoin or topical Retin-A.

- 48 Hours Before- Don't use any exfoliating treatments, like glycolic acid or enzymes, on the area that is going to be treated.
- 48 Hours Before- Do not wax or use depilatories.
- 48 Hours Before- Stop using any over-the-counter acne medications, like benzoyl peroxide and salicylic acid.
- Do not shave your face on the same day as the facial treatment.

AFTERCARE

- Immediately following treatment, your skin may appear flushed, which usually subsides within several hours.
- Most side effects from the treatment are usually minor and should subside in time, as a normal part of the healing process.
- You can shower and cleanse the skin as usual. A gentle cleanser may be used on the treatment area. Refrain from vigorous rubbing of the skin. Apply product to the fingertips with tepid water and use gentle, circular motions on the skin.
- Continue with your regular skincare regime; however, discontinue use of Retin-a (tretinoin), Renova, Differin, Tazorac, Ziana, Veltin, Atralin or any exfoliating agents with harsh abrasives or acids for seven days.
- Avoid strenuous exercise for 24 hours.
- Hydrate well for seven days following procedure.
- Refrain from tanning or prolonged sun exposure for two weeks after the procedure. Apply a broad-spectrum sunscreen to the treatment area for up to two weeks to avoid incidental sun exposure.
- Refrain from laser treatments, chemical peels, microdermabrasion, waxing and depilatories for two weeks.
- For best results, a series of six RF Hydrofacials spaced one month apart is recommended.



member

 Associated Skin Care Professionals